

Tomato Soup

Servings:	150.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57877
School:	Tri-County Intermediate School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUP TOMATO	11 #5 CAN	UNPREPARED Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally.	488232
1% Low Fat White Milk*	2 Gallon		13871

Preparation Instructions

Stir soup and milk together. Heat to simmer, stirring occasionally.

Meal Components

Amount Per Serving

	Amount
Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 150.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	115.07
Fat	1.57g
Saturated Fat	0.32g
Trans Fat	0.00g
Cholesterol	3.20mg
Sodium	431.79mg
Carbohydrates	21.09g
Fiber	1.04g
Total Sugar	12.76g
Added Sugar	0.00g
Protein	3.79g
Vitamin A	29.87mcg RAE
Vitamin C	0.00mg
Calcium	72.28mg
Iron	0.44mg

Nutrition - Per 100g

No 100g Conversion Available