

Chicken Enchiladas

Servings:	44.00	Category:	Entree
Serving Size:	1.00 enchilada	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-31284
School:	Hobart High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Chicken, Fajita Strips, Cooked, Frozen	6 3/16 Pound		100117
SAUCE ENCHILADA MILD	4 Cup		598461
TOMATO DCD PETITE	4 1/2 Cup	N/A	498871
SAUCE CHS QUESO BLANCO FZ	32 Ounce	Weight	722110
Cheese, Cheddar, Yellow, Reduced Fat, Shredded	20 Ounce	Weight	100012
TORTILLA WHLWHE 10"	44 Each	N/A	456330

Preparation Instructions

1. Preheat Oven to 400°F or Convection Oven and 350°F for a Deck Oven.

Place frozen chicken fajita strips in a single layer on sheet pans. Cook for about 20 mins. Heat to an internal temperature of 165°F for 15 seconds.

2. Mix enchilada sauce and diced tomatoes together. Portion 4.25 cups of enchilada sauce with diced tomatoes mixture in each hotel pan to coat bottom.

3. Portion 2.25 ounce weight of chicken in the center of each 8" tortillas.

4. Roll tortillas leaving ends open and portion 22 enchiladas in each hotel pan.

5. Ladle 16 ounce weight of Queso Blanco over each pan of enchiladas evenly.

6. Sprinkle 10 ounce weight (2 1/2 cups) of shredded cheddar cheese over each pan.

7. Bake at 350° oven until cheese is melted.

Recipe yields 44 servings.

jsh 1.6.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 44.00

Serving Size: 1.00 enchilada

Amount Per Serving	
Calories	388.28
Fat	14.87g
Saturated Fat	6.68g
Trans Fat	0.00g
Cholesterol	68.63mg
Sodium	1161.28mg
Carbohydrates	38.62g
Fiber	4.24g
Total Sugar	3.66g
Added Sugar	0.73g
Protein	23.74g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 77.36mg	Iron 50.00mg

Nutrition - Per 100g

Calories	85.61
Fat	3.28g
Saturated Fat	1.47g
Trans Fat	0.00g
Cholesterol	15.13mg
Sodium	256.05mg
Carbohydrates	8.52g
Fiber	0.94g
Total Sugar	0.81g
Added Sugar	0.16g
Protein	5.23g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 17.06mg	Iron 11.02mg