

# Brickie Beef Rib Sandwich

|                      |           |                       |                  |
|----------------------|-----------|-----------------------|------------------|
| <b>Servings:</b>     | 1.00      | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 Each | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Lunch     | <b>Recipe ID:</b>     | R-57868          |

## Ingredients

| Description            | Measurement | Prep Instructions  | DistPart # |
|------------------------|-------------|--|------------|
| BEEF RIB BBQ HNY       | 1 Each      | <b>BAKE</b><br>From a frozen state.<br>Conventional Oven<br>Bake ribs on a pan in a preheated conventional oven at 350 for 13 minutes. | 451410     |
| BUN SUB SLCD WGRAIN 5" | 1 Each      | READY_TO_EAT   | 276142     |

## Preparation Instructions

BAKE

From a frozen state.

Conventional Oven

Bake ribs on a pan in a preheated conventional oven at 350 for 13 minutes.

Place rib on bun and serve

## Meal Components

Amount Per Serving

|                                 |       |
|---------------------------------|-------|
| <b>Meat/Meat Alternate</b>      | 2.000 |
| <b>Grain</b>                    | 2.000 |
| <b>Fruit</b>                    | 0.000 |
| <b>DarkGreen</b>                | 0.000 |
| <b>Red/Orange</b>               | 0.000 |
| <b>OtherVeg</b>                 | 0.000 |
| <b>Beans, Peas, and Lentils</b> | 0.000 |
| <b>Starchy</b>                  | 0.000 |

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving           |                         |
|------------------------------|-------------------------|
| <b>Calories</b>              | 360.00                  |
| <b>Fat</b>                   | 12.50g                  |
| <b>Saturated Fat</b>         | 4.50g                   |
| <b>Trans Fat</b>             | 0.00g                   |
| <b>Cholesterol</b>           | 40.00mg                 |
| <b>Sodium</b>                | 860.00mg                |
| <b>Carbohydrates</b>         | 42.00g                  |
| <b>Fiber</b>                 | 4.00g                   |
| <b>Total Sugar</b>           | 14.00g                  |
| <b>Added Sugar</b>           | 4.00g                   |
| <b>Protein</b>               | 19.00g                  |
| <b>Vitamin A</b> 0.00mcg RAE | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 96.00mg       | <b>Iron</b> 3.80mg      |

## Nutrition - Per 100g

No 100g Conversion Available