

Chicago Style Hot Dog

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-54469
School:	Hobart High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS BEEF 8/#	1 Each	BAKE	265039
Aunt Millies Whole Grain Hot Dog Buns	1 bun	READY_TO_EAT	2918
RELISH SWT PKT	1 Each		187216
PICKLE DILL SLCD HAMB 1/8"	1 Slice		149195
TOMATO 6X6 LRG	2 Slice		199001
ONION RED JUMBO	1 Ounce		596973
PEPPERS BAN RING MILD	1 Ounce		466220

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	1.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.250
OtherVeg	0.750
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	309.58
Fat	17.60g
Saturated Fat	6.03g
Trans Fat	0.50g
Cholesterol	35.00mg
Sodium	860.85mg
Carbohydrates	29.79g
Fiber	3.09g
Total Sugar	6.25g
Added Sugar	2.00g
Protein	10.70g
Vitamin A 375.42mcg RAE	Vitamin C 8.27mg
Calcium 31.62mg	Iron 10.95mg

Nutrition - Per 100g

Calories	545.99
Fat	31.04g
Saturated Fat	10.63g
Trans Fat	0.88g
Cholesterol	61.73mg
Sodium	1518.25mg
Carbohydrates	52.53g
Fiber	5.44g
Total Sugar	11.02g
Added Sugar	3.53g
Protein	18.87g
Vitamin A 662.12mcg RAE	Vitamin C 14.58mg
Calcium 55.77mg	Iron 19.32mg