

Spicy Chicken Drumstick w/ Yeast Roll



Servings:	1.00	Category:	Entree
Serving Size:	1.00 set	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-13626

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DRMSTX BRD WGRAIN SPCY 4-6.6	1 Each	BAKE Preparation:Appliances vary, adjust accordingly. Convection Oven 1. Preheat oven to 350°F. 2. From frozen, place pieces in a single layer on a parchment paper lined sheet pan or on a wire rack sprayed with pan release. 3. Heat for 25-30 minutes. For best performance hold on a sheet pan, uncovered, with a wire rack, above 140°F in a dry heat environment CCP: Heat to 165 degrees F or higher for at least 15 minutes CCP: Hold for hot service at 135 degrees F or higher.	804871
ROLL YEAST WHE WGRAIN 1.5Z	1 Each	Thaw and serve.	233140

Preparation Instructions

Serve Drumstick with Yeast Roll

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 set

Amount Per Serving	
Calories	340.00
Fat	14.50g
Saturated Fat	3.50g
Trans Fat	0.00g
Cholesterol	95.00mg
Sodium	520.00mg
Carbohydrates	31.00g
Fiber	3.00g
Total Sugar	7.00g
Added Sugar	0.00g
Protein	21.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 9.04mg	Iron 2.00mg

Nutrition - Per 100g

No 100g Conversion Available