

Fajita Chicken

NO IMAGE

Servings:	40.00	Category:	Entree
Serving Size:	2.00 Ounce	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-7901

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Chicken, Diced, Cooked, Frozen	80 Ounce	Pull from freezer and place bag on clean sheet tray. Place tray in walk-in cooler to thaw overnight.	100101
SPICE CHILI POWDER MILD	1 Teaspoon		331473
SPICE PAPRIKA SPANISH	1 Tablespoon		225002
SALT IODIZED	1/2 Teaspoon		108286
SPICE ONION POWDER	1 1/2 Tablespoon		126993
SPICE GARLIC GRANULATED	1 1/2 Tablespoon		513881
SPICE CUMIN GRND	1 1/2 Tablespoon		273945
SPICE PEPR RED CAYENNE GRND	1/2 Teaspoon		225088
JUICE LIME PAST	1 Fluid Ounce		567581
SEASONING TACO SLT FR	1/2 Cup		605062

Preparation Instructions

In small mixing bowl, combine:

Chili Powder

Paprika

Salt

Onion Powder

Garlic, Granulated

Cumin

Cayenne Pepper

Whisk to combine.

In a measuring cup, put 1 fluid ounce of lime juice.

Add the combined spices.

Now add water to the measuring cup until your mixture shows a total of 4 cups.

Whisk to combine.

In a 4" steamtable pan, add your thawed diced chicken.

And add the taco seasoning and the marinade mixture to the chicken.

Mix until chicken is evenly coated with seasonings.

Bake at 350 degrees F

Set timer for 15 minutes.

Take pan out of the oven and stir the chicken.

Place the pan back into the oven and bake for another 10-15 minutes.

CCP: Heat to 165 degrees F or higher for 15 seconds.

CCP: Hold at 135 degrees F or higher.

Use a 2oz spoodle to serve

Meal Components

Amount Per Serving

Amount Per Serving	
Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 40.00

Serving Size: 2.00 Ounce

Amount Per Serving	
Calories	78.20
Fat	2.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	42.00mg
Sodium	94.50mg
Carbohydrates	2.17g
Fiber	0.30g
Total Sugar	0.06g
Added Sugar	0.00g
Protein	12.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.06mg	Iron 0.48mg

Nutrition - Per 100g

Calories	137.93
Fat	3.53g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	74.07mg
Sodium	166.67mg
Carbohydrates	3.83g
Fiber	0.53g
Total Sugar	0.11g
Added Sugar	0.00g
Protein	21.17g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.11mg	Iron 0.85mg