

Gyro

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 set	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20754

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL CKD	3 Ounce	Basic Preparation PREPARE FROM THAWED OR FROZEN STATE. CONVENTIONAL OVEN: PREHEAT OVEN TO 350°F AND BAKE THAWED PRODUCT FOR 45-50 MINUTES NOT RECOMMENDED FOR FROZEN PRODUCT. CONVECTION OVEN: PREHEAT OVEN TO 325°F AND BAKE THAWED PRODUCT FOR 40-50 MINUTES, NOT RECOMMENDED FOR FROZEN PRODUCT. MICROWAVE: INDIVIDUAL PORTIONS THAWED PRODUCT HEAT ON HIGH FOR 2 MINUTES, NOT RECOMMENDED FOR FROZEN PRODUCT. STOVETOP: FROZEN PRODUCT HEAT FOR 30-40 MINUTES, THAWED PRODUCT HEAT FOR 15-20 MINUTES. STEAMER: FROZEN PRODUCT HEAT FOR 40-50 MINUTES, THAWED PRODUCT HEAT FOR 15-20 MINUTES. FOR YOUR CUSTOMERS CONTINUED FOOD SAFETY: PRODUCT SHOULD ALWAYS BE HEATED TO AN INTERNAL TEMPERATURE OF 165°F. VERIFY WITH A MEAT THERMOMETER. COOKING TIMES WILL VARY DUE TO SIZE AND THICKNESS OF PRODUCT AND VARIATIONS OF APPLIANCES USED	710831
BREAD ULTRA LOCO WGRAIN 6.5"	1 Each	THAW Ultra Loco Bread is fully baked but performs best if slightly warmed /u2022For best results thaw out to room temperature prior to heating /u2022Place in warming box (leave in bag) 1 hour thawed or 2 hours frozen /u2022For individual pieces (out of bag) microwave for 15 seconds thawed or 30 seconds frozen	696831
SAUCE TZATZIKI GYRO	2 Tablespoon	Basic Preparation PORTION 1Z OF SAUCE INTO SOUFFLE CUP & SERVE ALONG SIDE GYRO SANDWICHES. (DO NOT SERVE SAUCE DIRECTLY ON GYRO SANDWICH- HEAT WILL CAUSE SAUCE TO BREAK DOWN & BECOME RUNNY)	609919
CHEESE FETA DRY PKG	1 Ounce		171832

Preparation Instructions

Heat meat according to directions. Place 3.00 oz serving on each pita. serve tzatziki on side in portion cup serve feta on side as an option

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 set

Amount Per Serving	
Calories	385.00
Fat	19.00g
Saturated Fat	10.00g
Trans Fat	0.00g
Cholesterol	45.00mg
Sodium	1290.00mg
Carbohydrates	30.50g
Fiber	3.00g
Total Sugar	4.50g
Added Sugar	0.00g
Protein	21.50g
Vitamin A 200.00mcg RAE	Vitamin C 0.00mg
Calcium 239.00mg	Iron 2.52mg

Nutrition - Per 100g

Calories	339.51
Fat	16.75g
Saturated Fat	8.82g
Trans Fat	0.00g
Cholesterol	39.68mg
Sodium	1137.57mg
Carbohydrates	26.90g
Fiber	2.65g
Total Sugar	3.97g
Added Sugar	0.00g
Protein	18.96g
Vitamin A 176.37mcg RAE	Vitamin C 0.00mg
Calcium 210.76mg	Iron 2.22mg