

# Breakfast Burrito

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-26568

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORTILLA FLOUR ULTRGR 8"	1 Each		882700
PORK CRMBL CKD 35/Z	1/2 Ounce		148644
Land O Lakes® 50% Reduced Fat American Cheese Slices	1 slices		499789
EGG SCRMBD IQF	2 Ounce		148163

## Preparation Instructions

1. Thaw tortillas the day before in your walk in
2. Thaw your sausage crumbles the day before in your walk in
3. Prepare eggs according to manufactures directions
4. Prepare sausage crumbles according to manufactures directions
5. place 1 slice of American cheese folded in half length wise placing the two pieces horizontally in the middle of each tortilla
6. add cooked egg 1/3 cup and add 1/2 oz sausage mixture on top of cheese slices then fold burrito in half serve with 2 oz cup of commodity salsa.

jsh 1.21.25

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	328.18
<b>Fat</b>	15.30g
<b>Saturated Fat</b>	6.64g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	204.39mg
<b>Sodium</b>	658.29mg
<b>Carbohydrates</b>	35.01g
<b>Fiber</b>	4.75g
<b>Total Sugar</b>	3.75g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	16.56g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 169.55mg	<b>Iron</b> 3.26mg

## Nutrition - Per 100g

<b>Calories</b>	463.08
<b>Fat</b>	21.58g
<b>Saturated Fat</b>	9.37g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	288.41mg
<b>Sodium</b>	928.87mg
<b>Carbohydrates</b>	49.40g
<b>Fiber</b>	6.70g
<b>Total Sugar</b>	5.29g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	23.37g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 239.23mg	<b>Iron</b> 4.60mg