

Maple Waffle Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-26574
School:	This is a test school for Hobart		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
WGR Waffle flatbread with maple flavor	2 Cup	HEAT_AND_SERVE	399743
EGG SCRMBD PTY 3.5 165-1.25Z GCHC	1 Cup		592625
CHEESE AMER 160CT SLCD	1 Cup		150260

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	756.60
Fat	26.30g
Saturated Fat	6.70g
Trans Fat	0.22g
Cholesterol	107.50mg
Sodium	1030.00mg
Carbohydrates	108.00g
Fiber	7.60g
Total Sugar	28.50g
Added Sugar	26.00g
Protein	20.60g
Vitamin A 1.68mcg RAE	Vitamin C 0.00mg
Calcium 137.38mg	Iron 4.62mg

Nutrition - Per 100g

No 100g Conversion Available