

# Hot Pretzel w/Chili and Cheese

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-28738
<b>School:</b>	Hobart High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED POUCH 6-106Z LOL	3 Ounce		135261
PRETZEL SFT KING SIZE 5Z	1 Each		424714
CHILI BEEF W/BEAN	5 5/6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	3.000
<b>Grain</b>	2.500
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.380
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	1712.00
<b>Fat</b>	90.00g
<b>Saturated Fat</b>	55.70g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	271.00mg
<b>Sodium</b>	5270.00mg
<b>Carbohydrates</b>	125.00g
<b>Fiber</b>	6.00g
<b>Total Sugar</b>	7.00g
<b>Added Sugar</b>	1.00g
<b>Protein</b>	84.00g
<b>Vitamin A</b> 1252.00mcg RAE	<b>Vitamin C</b> 19.00mg
<b>Calcium</b> 2579.00mg	<b>Iron</b> 8.00mg

## Nutrition - Per 100g

<b>Calories</b>	683.92
<b>Fat</b>	35.95g
<b>Saturated Fat</b>	22.25g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	108.26mg
<b>Sodium</b>	2105.31mg
<b>Carbohydrates</b>	49.94g
<b>Fiber</b>	2.40g
<b>Total Sugar</b>	2.80g
<b>Added Sugar</b>	0.40g
<b>Protein</b>	33.56g
<b>Vitamin A</b> 500.16mcg RAE	<b>Vitamin C</b> 7.59mg
<b>Calcium</b> 1030.28mg	<b>Iron</b> 3.20mg