

Firehouse Burger



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28683
School:			

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK BRGR CHARB	1 Each	N/A	203260
CHEESE PEPR JK SLCD	1 Slice		777587
PEPPERS JALAP SLCD	1 Ounce	Weight	499943
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546

Preparation Instructions

jsh 12.27.24

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	425.00
Fat	22.00g
Saturated Fat	10.00g
Trans Fat	0.00g
Cholesterol	80.00mg
Sodium	770.00mg
Carbohydrates	26.00g
Fiber	4.00g
Total Sugar	4.00g
Added Sugar	3.00g
Protein	28.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 175.00mg	Iron 2.00mg

Nutrition - Per 100g

Calories	1499.65
Fat	77.63g
Saturated Fat	35.29g
Trans Fat	0.00g
Cholesterol	282.29mg
Sodium	2717.01mg
Carbohydrates	91.74g
Fiber	14.11g
Total Sugar	14.11g
Added Sugar	10.59g
Protein	98.80g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 617.50mg	Iron 7.06mg