

Refried Bean Dip



Servings:	40.00	Category:	Vegetable
Serving Size:	1.00 #8 Disher	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9492

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN REFRIED SEAS DEHY	52 Ounce	2 Packages	183910
Tap Water for Recipes	4 Quart	N/A	000001WTR
CHEESE AMER SHRD R/F	1 1/2 Cup	READY_TO_EAT Preshredded. Use cold or melted	861950

Preparation Instructions

Prepare dried beans as stated on packaging.

Once prepared, top your pan of beans with 1 1/2 cups of shredded cheddar cheese.

Cover and place in warmer until ready to serve.

CCP: Hold hot for service at 135 degrees F for up to 2 hours

jsh 12.11.24

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.500
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 40.00

Serving Size: 1.00 #8 Dish

Amount Per Serving	
Calories	150.62
Fat	1.84g
Saturated Fat	0.76g
Trans Fat	0.00g
Cholesterol	2.25mg
Sodium	576.49mg
Carbohydrates	24.43g
Fiber	7.78g
Total Sugar	0.15g
Added Sugar	0.00g
Protein	8.83g
Vitamin A 0.54mcg RAE	Vitamin C 0.77mg
Calcium 72.65mg	Iron 1.88mg

Nutrition - Per 100g

Calories	332.05
Fat	4.06g
Saturated Fat	1.68g
Trans Fat	0.00g
Cholesterol	4.96mg
Sodium	1270.92mg
Carbohydrates	53.86g
Fiber	17.16g
Total Sugar	0.33g
Added Sugar	0.00g
Protein	19.48g
Vitamin A 1.20mcg RAE	Vitamin C 1.70mg
Calcium 160.17mg	Iron 4.14mg