

Homemade Ranch Veggie Dip



Servings:	50.00	Category:	Condiments or Other
Serving Size:	2.00 Fluid Ounce	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-39442

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUR CREAM NAT	80 Ounce		580321
DRESSING MIX RNCH	3 1/5 Ounce		192716

Preparation Instructions

The Ratio of Dip is 1 80oz container (or 5lbs) of sour cream to 1 3.2 oz packet of dry ranch mix

- 1) remove sour cream from 1 single 80oz container and put into mixing bowl of your choice.
- 2) open 1 packet of 3.2 oz ranch mix pour into sour cream
- 3) combined the sour cream and dry ranch mix together thoroughly until ingredients are completely combined.
- 4) portion your well mixed ranch dip into 2oz portion cups
- 5) serve chilled dip has a shelf life of 7 days (makes approximately 50, 2oz portions)

jsh 12.19.24

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 2.00 Fluid Ounce

Amount Per Serving	
Calories	181.44
Fat	15.12g
Saturated Fat	10.58g
Trans Fat	0.00g
Cholesterol	60.48mg
Sodium	408.11mg
Carbohydrates	6.05g
Fiber	0.00g
Total Sugar	6.05g
Added Sugar	0.00g
Protein	3.02g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 120.96mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	384.65
Fat	32.05g
Saturated Fat	22.44g
Trans Fat	0.00g
Cholesterol	128.22mg
Sodium	865.20mg
Carbohydrates	12.82g
Fiber	0.00g
Total Sugar	12.82g
Added Sugar	0.00g
Protein	6.41g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 256.43mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.