

Fresh Fruit and Yogurt Tray



Servings:	50.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-8492

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	200 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
CEREAL GROLA CRNCHY CLUSTERS	16 2/3 Cup	1/3 cup per serving	812821
PINEAPPLE GLDN	12 1/2 Cup	1/4 cup per serving	728489
STRAWBERRY	12 1/2 Cup	1/4 cup per serving	212768
BLUEBERRY	12 1/2 Cup	1/4 cup per serving	451690

Preparation Instructions

Order container gfs#200332

You can use either of the below yogurt pouches:

811500 - Yoplait Parfait Pro low fat vanilla yogurt

811490 - Yoplait Parfait Pro low fat strawberry yogurt

Make sure your yogurt portion = 4 ounces by weight

The granola should be 1/3 cup or 29g or 1 ounce by weight

Fruit:

Rinse and cut into bite size chunks

Squeeze yogurt into one of the small compartment

Scoop granola into the other small compartment

Place cut fruit into the last opening (largest compartment)

CCP: Hold at 41 degrees F or below for cold serve.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.119
Grain	0.871
Fruit	0.417
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Package

Amount Per Serving	
Calories	264.78
Fat	2.14g
Saturated Fat	0.37g
Trans Fat	0.00g
Cholesterol	3.73mg
Sodium	107.42mg
Carbohydrates	57.83g
Fiber	3.53g
Total Sugar	33.21g
Added Sugar	19.65g
Protein	6.79g
Vitamin A 170.17mcg RAE	Vitamin C 26.28mg
Calcium 142.72mg	Iron 0.96mg

Nutrition - Per 100g

Calories	219.75
Fat	1.77g
Saturated Fat	0.31g
Trans Fat	0.00g
Cholesterol	3.10mg
Sodium	89.15mg
Carbohydrates	47.99g
Fiber	2.93g
Total Sugar	27.56g
Added Sugar	16.31g
Protein	5.64g
Vitamin A 141.23mcg RAE	Vitamin C 21.81mg
Calcium 118.45mg	Iron 0.80mg