

Whole Grain Biscuits & Gravy



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-8439

Ingredients

Description	Measurement	Prep Instructions	DistPart #
GRAVY SAUS PORK	1/4 Cup	N/A	751322
DOUGH BISC WGRAIN EZ SPLIT	1 Each	N/A	269210

Preparation Instructions

Prepare BISCUITS as package indicates

Prepare GRAVY, SAUSAGE as package indicates

Hold each until service.

Place 1 biscuit on the tray and ladle 1/4 cup of gravy over biscuit.

CCP: Heat to 165 degrees F or higher for at least 15 seconds

CCP: Hold for hot service at 135 degrees F or higher

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.233
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	277.08
Fat	13.66g
Saturated Fat	7.20g
Trans Fat	0.17g
Cholesterol	7.45mg
Sodium	522.85mg
Carbohydrates	31.73g
Fiber	2.00g
Total Sugar	3.00g
Added Sugar	2.00g
Protein	6.86g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 131.18mg	Iron 1.60mg

Nutrition - Per 100g

Calories	494.87
Fat	24.39g
Saturated Fat	12.86g
Trans Fat	0.30g
Cholesterol	13.31mg
Sodium	933.82mg
Carbohydrates	56.66g
Fiber	3.57g
Total Sugar	5.36g
Added Sugar	3.57g
Protein	12.26g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 234.29mg	Iron 2.86mg