

# Coleslaw

NO IMAGE

<b>Servings:</b>	80.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	0.50 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-21406

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING COLE SLAW	5 Cup		281476
COLE SLAW SHRED SEP BAG 1/8IN	20 Pound		198226

## Preparation Instructions

Combine dressing mix and slaw mix serve cold ( best if prepared the day before)

### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	1.687
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 80.00

Serving Size: 0.50 Cup

Amount Per Serving	
<b>Calories</b>	108.12
<b>Fat</b>	7.50g
<b>Saturated Fat</b>	1.25g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	7.50mg
<b>Sodium</b>	192.50mg
<b>Carbohydrates</b>	8.62g
<b>Fiber</b>	2.25g
<b>Total Sugar</b>	6.37g
<b>Added Sugar</b>	3.00g
<b>Protein</b>	1.12g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 39.37mg	<b>Iron</b> 0.00mg

## Nutrition - Per 100g

<b>Calories</b>	95.34
<b>Fat</b>	6.61g
<b>Saturated Fat</b>	1.10g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	6.61mg
<b>Sodium</b>	169.74mg
<b>Carbohydrates</b>	7.61g
<b>Fiber</b>	1.98g
<b>Total Sugar</b>	5.62g
<b>Added Sugar</b>	2.65g
<b>Protein</b>	0.99g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 34.72mg	<b>Iron</b> 0.00mg