

Chicken Patty on a Whole Grain Bun



Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-4215
School:	Joan Martin Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST PTY BRD WGRAIN 3.63Z	100 Each	BAKE PREPARATION: Appliances vary, adjust accordingly. Conventional Oven 8-10 min. at 400°F from frozen. CONVECTION PREPARATION: Appliances vary, adjust accordingly. Convection Oven 6-8 min. at 375°F from frozen.	509728
Bun White Wheat 4"	100 Each	READY_TO_EAT	51022

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	390.00
Fat	15.00g
Saturated Fat	3.00g
Trans Fat	0.00g
Cholesterol	45.00mg
Sodium	750.00mg
Carbohydrates	41.00g
Fiber	3.00g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	23.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 18.00mg	Iron 2.00mg

Nutrition - Per 100g

No 100g Conversion Available