

# Ez Jammer Box

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 set	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-15445

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND SOY BTR & JAM WGRAIN IW	1 Each		630302
CHEESE STRING MOZZ LT IW	1 Each		566413
RAISIN SELECT 1.5Z BOXES	1 Each	N/A	544426
CRACKER CHEEZ-IT WGRAIN IW	1 Each		282422
CARROT BABY WHL PETITE	1/2 Cup		768146

## Preparation Instructions

Updated 7.28.25 JSH

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.500
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.500
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 set

Amount Per Serving	
<b>Calories</b>	997.50
<b>Fat</b>	20.50g
<b>Saturated Fat</b>	6.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	10.00mg
<b>Sodium</b>	677.50mg
<b>Carbohydrates</b>	176.00g
<b>Fiber</b>	15.50g
<b>Total Sugar</b>	133.00g
<b>Added Sugar</b>	10.00g
<b>Protein</b>	22.00g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 561.16mg	<b>Iron</b> 6.72mg

## Nutrition - Per 100g

<b>Calories</b>	740.75
<b>Fat</b>	15.22g
<b>Saturated Fat</b>	4.46g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	7.43mg
<b>Sodium</b>	503.12mg
<b>Carbohydrates</b>	130.70g
<b>Fiber</b>	11.51g
<b>Total Sugar</b>	98.77g
<b>Added Sugar</b>	7.43g
<b>Protein</b>	16.34g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 416.72mg	<b>Iron</b> 4.99mg