

# Turkey Wrap w/Cheese & Lettuce



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Wrap	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-4467

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Turkey Breast Deli	3 1/4 Ounce		100121
TORTILLA FLOUR ULTRGR 8"	1 Each		882700
DRESSING RNCH BTRMLK	1 Tablespoon		426598
CHEESE CHED MLD SHRD 4-5 LOL	1/8 Cup		150250
LETTUCE ROMAINE RIBBONS	1/4 Cup		451730

## Preparation Instructions

Directions:

Assemble Slice Deli Turkey 3.2 oz

Ranch Dressing in squeeze bottle

Shredded Cheddar Cheese 1 ounce

Romaine Lettuce, Ribbons 1/4 cup

8' Wrap 1 each

Assemble sandwich's using:

1 Tablespoon Ranch (squeeze z design on 8" tortilla)

3.2 oz Deli Turkey

1 oz cheddar cheese, shredded

1/4 cup romaine lettuce, ribbons

CCP: Hold for cold service at 41° F or lower.

Notes:

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.564
<b>Grain</b>	1.500
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.125
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Wrap

Amount Per Serving	
<b>Calories</b>	419.17
<b>Fat</b>	21.77g
<b>Saturated Fat</b>	9.41g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	75.33mg
<b>Sodium</b>	915.64mg
<b>Carbohydrates</b>	33.56g
<b>Fiber</b>	4.25g
<b>Total Sugar</b>	2.75g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	26.77g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 152.48mg	<b>Iron</b> 2.00mg

## Nutrition - Per 100g

<b>Calories</b>	344.65
<b>Fat</b>	17.90g
<b>Saturated Fat</b>	7.74g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	61.94mg
<b>Sodium</b>	752.87mg
<b>Carbohydrates</b>	27.60g
<b>Fiber</b>	3.49g
<b>Total Sugar</b>	2.26g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	22.01g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 125.37mg	<b>Iron</b> 1.64mg