

# Chilled Canned Fruit



<b>Servings:</b>	12.00	<b>Category:</b>	Fruit
<b>Serving Size:</b>	0.50 Cup	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-15196

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEACH SLCD IN JCE	1/2 Cup		610267
PEAR SLCD IN JCE	1/2 Cup		610399
FRUIT MIXED DCD IN JCE	1/2 Cup		610348
ORANGES MAND IN JCE	1/2 Cup	BAKE	612448
PINEAPPLE TIDBITS IN WTR	1/2 Cup	READY_TO_EAT	612464
APPLESAUCE CINN UNSWT CUP	1 Each		699180
APPLESAUCE STRAWB UNSWT CUP	1 Each		699211
APPLESAUCE UNSWT CUP	1 Each		581742
SLUSHIE BL RASP/LEM	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	794181
SLUSHIE STRAWB-KW	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	863880
SLUSHIE STRAWB-MANG	1 Each	READY_TO_EAT No prep needed.	863890
SLUSHIE SR CHRY-LEM	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	667911

# Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.500
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 0.50 Cup

Amount Per Serving	
<b>Calories</b>	68.73
<b>Fat</b>	0.00g
<b>Saturated Fat</b>	0.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	0.00mg
<b>Sodium</b>	13.33mg
<b>Carbohydrates</b>	16.77g
<b>Fiber</b>	0.90g
<b>Total Sugar</b>	14.04g
<b>Added Sugar</b>	0.75g
<b>Protein</b>	0.17g
<b>Vitamin A</b> 327.50mcg RAE	<b>Vitamin C</b> 20.00mg
<b>Calcium</b> 32.27mg	<b>Iron</b> 0.17mg

## Nutrition - Per 100g

No 100g Conversion Available