

Mini Pancakes & Sausage Patties (ECD)



Servings:	10.00	Category:	Entree
Serving Size:	1.00 set	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-21664
School:	Early Learning Center at George Earle Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE MAPL WGRAIN IW 72- 3.17Z PILLS	10 Package	READY_TO_EAT Heat & Serve. Heat frozen pancakes in ovenable pouch. Convection Oven: Preheat oven to 350F. Place pouches flat on a baking sheet and heat for 8-10 minutes.*Conventional Oven: Preheat oven to 350F. Place pouches flat on a baking sheet and heat for 13-15 minutes.*Microwave: Heat for 45 seconds on high. *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.	269220
SAUSAGE PTY STHRN 1.33Z	20 Each	BAKE KEEP FROZENPlace patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes.	785880

Preparation Instructions

Each serving is 1 bag of pancakes & 2 sausages per serving

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 10.00

Serving Size: 1.00 set

Amount Per Serving	
Calories	462.00
Fat	26.00g
Saturated Fat	7.90g
Trans Fat	0.00g
Cholesterol	52.00mg
Sodium	614.00mg
Carbohydrates	39.00g
Fiber	2.00g
Total Sugar	11.00g
Added Sugar	0.00g
Protein	16.00g
Vitamin A 112.00mcg RAE	Vitamin C 0.00mg
Calcium 102.00mg	Iron 1.50mg

Nutrition - Per 100g

No 100g Conversion Available