

# Yogurt Breakfast Pack

NO IMAGE

<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-8478

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT PCH N/F	50 Each		719301
CRACKER GLDFSH GRHM VAN	50 Each		198472
BANANA TURNING	50 Each		200999

## Preparation Instructions

You can use any of the following yogurt for this pack:

719371 - Light n Fit blueberry yogurt nonfat

719391 - Light n Fit cherry yogurt nonfat

719301 - Light n Fit peach yogurt nonfat

You can use any fruit, fresh or canned.

BUT it must equal a 1/2 cup serving

CCP: Hold at 41 degrees F or below for cold service.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.500
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	295.00
<b>Fat</b>	4.40g
<b>Saturated Fat</b>	1.10g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	5.00mg
<b>Sodium</b>	171.20mg
<b>Carbohydrates</b>	59.00g
<b>Fiber</b>	4.10g
<b>Total Sugar</b>	29.00g
<b>Added Sugar</b>	4.00g
<b>Protein</b>	8.30g
<b>Vitamin A</b> 75.52mcg RAE	<b>Vitamin C</b> 10.27mg
<b>Calcium</b> 155.90mg	<b>Iron</b> 0.31mg

## Nutrition - Per 100g

No 100g Conversion Available