

# Protein Pack

<b>Servings:</b>	10.000	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-55861
<b>School:</b>	The Grind		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
HUMMUS TACO CUP	10 Each		437078
CHIP TORTL RND R/F	10 Each		662512
CHEESE STRING MOZZ LT IW	10 Each		566413

## Preparation Instructions

Place all items in a container.

Store in cooler til service.

### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.500
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 10.000

Serving Size: 1.00

Amount Per Serving	
<b>Calories</b>	380.00
<b>Fat</b>	13.00g
<b>Saturated Fat</b>	3.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	10.00mg
<b>Sodium</b>	540.00mg
<b>Carbohydrates</b>	47.00g
<b>Fiber</b>	8.00g
<b>Total Sugar</b>	3.00g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	16.00g
<b>Vitamin A</b> 0.00mcg RAE**	<b>Vitamin C</b> 0.00mg**
<b>Calcium</b> 281.00mg	<b>Iron</b> 2.60mg

\*\*One or more nutritional components are missing from at least one item on this recipe.

## **Nutrition - Per 100g**

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No 100g Conversion Available

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