

Hot Honey Chicken Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48327
School:	Prairie Heights High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5"	1 Each	READY_TO_EAT	276142
Hot honey	1 Serving	Melt butter, whisk all together.	R-49835
CHIX BRST STRP BRD WGRAIN	3 Each		740820

Preparation Instructions

Chicken strips: BAKE Convection Oven
6-8 minutes at 375°F from frozen
Place 3 strips in sub bun. Squeeze 1 Tablespoon hot honey sauce on to strips.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	557.26
Fat	19.52g
Saturated Fat	4.99g
Trans Fat	0.00g
Cholesterol	69.60mg
Sodium	918.85mg
Carbohydrates	67.26g
Fiber	3.88g
Total Sugar	25.76g
Added Sugar	25.76g
Protein	29.00g
Vitamin A 75.35mcg RAE	Vitamin C 0.00mg
Calcium 75.84mg	Iron 3.58mg

Nutrition - Per 100g

Calories	3932.65
Fat	137.76g
Saturated Fat	35.22g
Trans Fat	0.00g
Cholesterol	491.18mg
Sodium	6484.48mg
Carbohydrates	474.66g
Fiber	27.41g
Total Sugar	181.79g
Added Sugar	181.79g
Protein	204.66g
Vitamin A 531.78mcg RAE	Vitamin C 0.00mg
Calcium 535.24mg	Iron 25.24mg