

# Turkey pack E/M

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Ounce	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-49486
<b>School:</b>	Prairie Heights Elementary		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER GLDFSH WGRAIN COLOR	1 Package		112702
CHEESE STRING MOZZ LT IW	1 Each		786801
Jennie-O Smokehouse Turkey Breast Snack Sticks, Frozen Individually Wrapped, 1.2 Ounce, 200 Ct Package, 1/Case	1 Each		508078

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Ounce

Amount Per Serving	
<b>Calories</b>	258.00
<b>Fat</b>	8.42g
<b>Saturated Fat</b>	3.42g
<b>Trans Fat</b>	0.05g
<b>Cholesterol</b>	59.17mg
<b>Sodium</b>	835.67mg
<b>Carbohydrates</b>	16.67g
<b>Fiber</b>	1.00g
<b>Total Sugar</b>	2.67g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	28.58g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 1.23mg
<b>Calcium</b> 225.96mg	<b>Iron</b> 2.10mg

## Nutrition - Per 100g

<b>Calories</b>	910.05
<b>Fat</b>	29.69g
<b>Saturated Fat</b>	12.05g
<b>Trans Fat</b>	0.18g
<b>Cholesterol</b>	208.70mg
<b>Sodium</b>	2947.68mg
<b>Carbohydrates</b>	58.79g
<b>Fiber</b>	3.53g
<b>Total Sugar</b>	9.41g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	100.82g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 4.32mg
<b>Calcium</b> 797.03mg	<b>Iron</b> 7.42mg