

# Turkey pack HS

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Ounce	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-55949
<b>School:</b>	Prairie Heights High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Jennie-O Smokehouse Turkey Breast Snack Sticks, Frozen Individually Wrapped, 1.2 Ounce, 200 Ct Package, 1/Case	1 Each		508078
CHEESE STRING MOZZ LT IW	1 Each		786801
CHIP HARV CHED	1 Package		105260
COOKIE OATML CRM IW	1 Each		837092

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	1.250
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Ounce

Amount Per Serving	
<b>Calories</b>	468.00
<b>Fat</b>	17.92g
<b>Saturated Fat</b>	6.42g
<b>Trans Fat</b>	0.05g
<b>Cholesterol</b>	59.17mg
<b>Sodium</b>	985.67mg
<b>Carbohydrates</b>	47.67g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	16.67g
<b>Added Sugar</b>	14.00g
<b>Protein</b>	29.58g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 1.23mg
<b>Calcium</b> 235.96mg	<b>Iron</b> 2.70mg

## Nutrition - Per 100g

<b>Calories</b>	1650.79
<b>Fat</b>	63.20g
<b>Saturated Fat</b>	22.63g
<b>Trans Fat</b>	0.18g
<b>Cholesterol</b>	208.70mg
<b>Sodium</b>	3476.78mg
<b>Carbohydrates</b>	168.14g
<b>Fiber</b>	7.05g
<b>Total Sugar</b>	58.79g
<b>Added Sugar</b>	49.38g
<b>Protein</b>	104.35g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 4.32mg
<b>Calcium</b> 832.30mg	<b>Iron</b> 9.54mg