

Dill Chicken Sandwich

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50286
School:	Prairie Heights High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546
CHIX BRST FLLT BRD DILL CKD	1 Each		627323

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	369.90
Fat	9.80g
Saturated Fat	2.00g
Trans Fat	0.00g
Cholesterol	63.00mg
Sodium	698.80mg
Carbohydrates	40.00g
Fiber	4.20g
Total Sugar	6.00g
Added Sugar	3.00g
Protein	26.30g
Vitamin A 59.54mcg RAE**	Vitamin C 0.01mg**
Calcium 60.77mg	Iron 3.93mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available