

Chicken Sandwich HS

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47963
School:	Prairie Heights High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546
CHIX PTY BRD WGRAIN CKD 3.05Z	1 Each		501861

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	340.00
Fat	11.00g
Saturated Fat	2.50g
Trans Fat	0.00g
Cholesterol	35.00mg
Sodium	620.00mg
Carbohydrates	38.00g
Fiber	5.00g
Total Sugar	4.00g
Added Sugar	3.00g
Protein	20.00g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 70.00mg	Iron 3.80mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available