

Cubano Panini

NO IMAGE

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-54154
School:	Prairie Heights High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5"	50 Each		276142
CHEESE SWS 160CT SLCD PROC	50 Slice		164348
PORK PULLED BBQ LO SOD	5 Pound		498702
HAM, 97% FAT FREE, COOKED, WATER-ADDED, SLICED	100 Slice		100187

Preparation Instructions

Instructions

Spray parchment lined sheet pan generously with non-stick spray.

In each sandwich, place 2 slices of ham on the bottom bun.

Place 1 ½ ounces of pulled pork on top of ham

Place ½ ounce sliced Swiss cheese on top of pulled pork (1 slice of cheese)

Place top bun on sandwich and spray the top surface of the bun generously with non-stick spray.

Place another sheet of parchment on top of sandwiches and place 2-3 sheet pans on top of parchment paper to press down and compress sandwiches

Bake until lightly browned and filling reaches safe internal temperature (approximately 10-12 minutes).

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.800
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	403.60
Fat	17.80g
Saturated Fat	7.40g
Trans Fat	0.00g
Cholesterol	76.90mg
Sodium	927.20mg
Carbohydrates	40.80g
Fiber	2.00g
Total Sugar	12.90g
Added Sugar	4.00g
Protein	24.70g
Vitamin A 660.00mcg RAE	Vitamin C 0.00mg
Calcium 170.50mg	Iron 3.22mg

Nutrition - Per 100g

Calories	892.92
Fat	39.38g
Saturated Fat	16.37g
Trans Fat	0.00g
Cholesterol	170.13mg
Sodium	2051.33mg
Carbohydrates	90.27g
Fiber	4.42g
Total Sugar	28.54g
Added Sugar	8.85g
Protein	54.65g
Vitamin A 1460.18mcg RAE	Vitamin C 0.00mg
Calcium 377.21mg	Iron 7.13mg