

Grand Slam Fries

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57026
School:	Liberty Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 5/16" X 3/8" THIN	4 Ounce		227951
SAUCE CHS ULTIM YEL POU 6-106Z LOL	2 Ounce		310668

Preparation Instructions

Cook liquid cheese to temp. Place 4oz fries in a paper boat then add 2oz of cheese.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.500
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Each

Amount Per Serving	
Calories	278.10
Fat	15.73g
Saturated Fat	5.45g
Trans Fat	0.00g
Cholesterol	18.29mg
Sodium	785.14mg
Carbohydrates	29.41g
Fiber	1.33g
Total Sugar	1.33g
Added Sugar	0.00g
Protein	7.24g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 161.45mg	Iron 0.53mg

Nutrition - Per 100g

Calories	163.49
Fat	9.25g
Saturated Fat	3.20g
Trans Fat	0.00g
Cholesterol	10.75mg
Sodium	461.58mg
Carbohydrates	17.29g
Fiber	0.78g
Total Sugar	0.78g
Added Sugar	0.00g
Protein	4.26g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 94.91mg	Iron 0.31mg