

Hot Pretzel w/Chili and Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28738
School:	Hobart High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED POUCH 6-106Z LOL	3 Ounce		135261
PRETZEL SFT KING SIZE 5Z	1 Each		424714
CHILI BEEF W/BEAN	5 5/6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.380
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	1712.00
Fat	90.00g
Saturated Fat	55.70g
Trans Fat	0.00g
Cholesterol	271.00mg
Sodium	5270.00mg
Carbohydrates	125.00g
Fiber	6.00g
Total Sugar	7.00g
Added Sugar	1.00g
Protein	84.00g
Vitamin A 1252.00mcg RAE	Vitamin C 19.00mg
Calcium 2579.00mg	Iron 8.00mg

Nutrition - Per 100g

Calories	683.92
Fat	35.95g
Saturated Fat	22.25g
Trans Fat	0.00g
Cholesterol	108.26mg
Sodium	2105.31mg
Carbohydrates	49.94g
Fiber	2.40g
Total Sugar	2.80g
Added Sugar	0.40g
Protein	33.56g
Vitamin A 500.16mcg RAE	Vitamin C 7.59mg
Calcium 1030.28mg	Iron 3.20mg