

Wow Butter Cup

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-51850
School:	Hobart High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOY BUTTER NUTFR	1 Each		154042

Preparation Instructions

Serve on line to spread on toast or as a fruit or veggie dip option.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	200.00
Fat	15.00g
Saturated Fat	3.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	100.00mg
Carbohydrates	8.00g
Fiber	2.00g
Total Sugar	4.00g
Added Sugar	2.00g
Protein	7.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 30.00mg	Iron 1.00mg

Nutrition - Per 100g

No 100g Conversion Available