

Green Beans with bacon

Servings:	96.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-34040
School:	Millersburg Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT FNCY 4SV	4 #10 CAN		118737
BUTTER PRINT UNSLTD GRD AA	1/2 Pound		299405
SPICE PEPR BLK REG FINE GRIND	1 1/2 Tablespoon		225037
BACON TOPPING CKD 1/2IN DCD	1 Cup		814781

Preparation Instructions

Place drained green beans in a 4 inch pan. Steam for 30 minutes. Make sure that temperature is to 155 degrees. Add butter, pepper and bacon to vegetables once reached temperature and place in hot hold until ready for service.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.500
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 96.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	42.39
Fat	2.08g
Saturated Fat	1.25g
Trans Fat	0.00g
Cholesterol	5.83mg
Sodium	169.22mg
Carbohydrates	4.31g
Fiber	2.16g
Total Sugar	2.16g
Added Sugar	0.00g
Protein	1.58g
Vitamin A 0.00mcg RAE	Vitamin C 3.23mg
Calcium 32.83mg	Iron 0.43mg

Nutrition - Per 100g

Calories	1796.13
Fat	88.28g
Saturated Fat	52.97g
Trans Fat	0.00g
Cholesterol	247.18mg
Sodium	7170.40mg
Carbohydrates	182.67g
Fiber	91.34g
Total Sugar	91.34g
Added Sugar	0.00g
Protein	66.85g
Vitamin A 0.00mcg RAE	Vitamin C 137.00mg
Calcium 1391.24mg	Iron 18.27mg