

BBQ Pork on Bun

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-34046
School:	Millersburg Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK SHRDD BBQ 6-5 JTM	4 Ounce		366320
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	348.00
Fat	8.20g
Saturated Fat	2.60g
Trans Fat	0.04g
Cholesterol	44.00mg
Sodium	479.90mg
Carbohydrates	43.00g
Fiber	4.40g
Total Sugar	20.00g
Added Sugar	3.00g
Protein	21.80g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 60.00mg	Iron 2.00mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	306.88
Fat	7.23g
Saturated Fat	2.29g
Trans Fat	0.04g
Cholesterol	38.80mg
Sodium	423.19mg
Carbohydrates	37.92g
Fiber	3.88g
Total Sugar	17.64g
Added Sugar	2.65g
Protein	19.22g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 52.91mg	Iron 1.76mg

**One or more nutritional components are missing from at least one item on this recipe.