

BBQ Pork on Bun

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-34046
School:	Millersburg Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Pulled Pork	4 Ounce	USDA Brown Box Commodity---Thaw---weight	110730*
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546

Preparation Instructions

Updated 5.4.2026

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	334.00
Fat	12.00g
Saturated Fat	4.50g
Trans Fat	0.00g
Cholesterol	72.00mg
Sodium	644.00mg
Carbohydrates	25.00g
Fiber	3.00g
Total Sugar	4.00g
Added Sugar	3.00g
Protein	27.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 30.00mg	Iron 2.00mg

Nutrition - Per 100g

Calories	294.53
Fat	10.58g
Saturated Fat	3.97g
Trans Fat	0.00g
Cholesterol	63.49mg
Sodium	567.90mg
Carbohydrates	22.05g
Fiber	2.65g
Total Sugar	3.53g
Added Sugar	2.65g
Protein	23.81g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 26.46mg	Iron 1.76mg