

Meatball with Marinara

Servings:	30.00	Category:	Entree
Serving Size:	4.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-57562

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATBALL CKD .65Z	5 Pound	N/A	785860
SAUCE MARINARA A/P	1 #10 CAN	N/A	592714

Preparation Instructions

For best results meatballs in cooler (<40°F Serv Safe Standard) for 24 -36hrs.

Oven Method: Meatballs and Marinara

Place contents of bag in a full-size hotel pan.

Add marinara sauce to the pan of meatballs.

Heat covered (with lid or parchment & foil) in a 350°F convection oven for approximately 25 minutes or until products reaches serving temp. 135°F (Serv Safe Standard 135°F for 15 seconds).

Once the product has reached internal temperature, place in a hot holding cabinet until service.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 30.00

Serving Size: 4.00 Each

Amount Per Serving	
Calories	196.73
Fat	10.39g
Saturated Fat	3.59g
Trans Fat	0.62g
Cholesterol	36.93mg
Sodium	544.41mg
Carbohydrates	12.36g
Fiber	2.58g
Total Sugar	5.93g
Added Sugar	1.03g
Protein	13.86g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 76.80mg	Iron 1.80mg

Nutrition - Per 100g

Calories	260.22
Fat	13.75g
Saturated Fat	4.75g
Trans Fat	0.81g
Cholesterol	48.85mg
Sodium	720.11mg
Carbohydrates	16.34g
Fiber	3.41g
Total Sugar	7.84g
Added Sugar	1.36g
Protein	18.33g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 101.59mg	Iron 2.38mg