

Garlic Baked Beans

Servings:	25.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-58258
School:	Griffith Middle/High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN BAKED VEGTAR	1 #10 CAN		570710
SPICE GARLIC GRANULATED	1 Tablespoon		513881
SPICE ONION GRANULATED	1 Tablespoon		138300

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.500
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	155.20
Fat	0.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	569.06mg
Carbohydrates	32.00g
Fiber	5.17g
Total Sugar	12.42g
Added Sugar	0.00g
Protein	7.24g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 51.73mg	Iron 1.97mg

Nutrition - Per 100g

No 100g Conversion Available