

Cookbook for Union Township Middle School/Wheeler High School

Created by HPS Menu Planner

Table of Contents

Assorted Cereal Kit

Pop-Tarts

Mini Donuts

100% Fruit Juice

9-12: French Fries 1 cup

Ice Cream Cup

Mini Waffles

Peas

Brown Rice

9-12: Brown Rice 1 cup serving

9-12: 4 Chicken Tenders

Mashed Potatoes

Steamed Broccoli

Mini French Toast

Spicy Chicken Patty on Bun

Steamed Carrots

9-12: Tater Tots 1 cup

Beef Nachos

Cheesy Refried Beans

Mexican Corn

Chicken Alfredo

Apple Crisp

Green Beans

Blueberry Yogurt Parfait

Mixed Vegetables

Chicken Gravy

Hot Dog on Bun

9-12: Potato Wedges 1 cup

Walking Taco

9-12: Vegetable Fried Rice 1 cup serving

Chicken Patty on Bun

Beef Soft Tacos

Spanish Rice

Mini Cheese Ravioli

Hamburger on Bun

Cheeseburger on Bun