

Walking Taco

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-20421
School:	Union Township Middle School/Wheeler High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	1/4 Cup		722330
CHEESE CHED MLD SHRD 4-5 LOL	1/4 Cup		150250
CHIP NACHO CHS R/F TOP N GO	1 Package		815803

Preparation Instructions

1. Cook meat according to directions. CCP: Hold hot at 135 F or higher
2. Cut open "taco in a bag" chips.
2. Portion #16 scoop of meat, #16 scoop of cheese inside bag.
3. Offer with lettuce, salsa. taco sauce & sour cream

Updated 5.11.2026

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.250
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	376.00
Fat	19.33g
Saturated Fat	8.20g
Trans Fat	0.00g
Cholesterol	52.67mg
Sodium	587.33mg
Carbohydrates	31.33g
Fiber	4.33g
Total Sugar	1.33g
Added Sugar	0.00g
Protein	17.67g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 299.00mg	Iron 1.07mg

Nutrition - Per 100g

Calories	627.60
Fat	32.27g
Saturated Fat	13.69g
Trans Fat	0.00g
Cholesterol	87.91mg
Sodium	980.35mg
Carbohydrates	52.30g
Fiber	7.23g
Total Sugar	2.23g
Added Sugar	0.00g
Protein	29.49g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 499.08mg	Iron 1.78mg