

# Ice Cream Cup

|                      |   |                       |                     |
|----------------------|---|-----------------------|---------------------|
| <b>Servings:</b>     | 3.00  | <b>Category:</b>      | Condiments or Other |
| <b>Serving Size:</b> | 1.00 Each   | <b>HACCP Process:</b> | No Cook             |
| <b>Meal Type:</b>    | Lunch   | <b>Recipe ID:</b>     | R-34892             |
| <b>School:</b>       | Union Township<br>Middle<br>School/Wheeler High<br>School |                       |                     |

## Ingredients

| Description             | Measurement | Prep Instructions | DistPart # |
|-------------------------|-------------|-------------------|------------|
| ICE CRM CUP CHOC FLAV   | 1 Each      |                   | 359720     |
| ICE CRM CUP STRAWB FLAV | 1 Each      |                   | 359730     |
| ICE CRM CUP VAN FLAV    | 1 Each      |                   | 359700     |

## Preparation Instructions

Updated 5.1.2026

### Meal Components

Amount Per Serving

|                                 |       |
|---------------------------------|-------|
| <b>Meat/Meat Alternate</b>      | 0.000 |
| <b>Grain</b>                    | 0.000 |
| <b>Fruit</b>                    | 0.000 |
| <b>DarkGreen</b>                | 0.000 |
| <b>Red/Orange</b>               | 0.000 |
| <b>OtherVeg</b>                 | 0.000 |
| <b>Beans, Peas, and Lentils</b> | 0.000 |
| <b>Starchy</b>                  | 0.000 |

### Nutrition Facts

Servings Per Recipe: 3.00

Serving Size: 1.00 Each

| Amount Per Serving             |                         |
|--------------------------------|-------------------------|
| <b>Calories</b>                | 130.00                  |
| <b>Fat</b>                     | 7.00g                   |
| <b>Saturated Fat</b>           | 4.00g                   |
| <b>Trans Fat</b>               | 0.00g                   |
| <b>Cholesterol</b>             | 25.00mg                 |
| <b>Sodium</b>                  | 43.33mg                 |
| <b>Carbohydrates</b>           | 16.33g                  |
| <b>Fiber</b>                   | 0.00g                   |
| <b>Total Sugar</b>             | 11.33g                  |
| <b>Added Sugar</b>             | 8.67g                   |
| <b>Protein</b>                 | 2.00g                   |
| <b>Vitamin A</b> 266.67mcg RAE | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 80.00mg         | <b>Iron</b> 0.24mg      |

## **Nutrition - Per 100g**

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No 100g Conversion Available

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