

# Pizza Munchable

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-51713
<b>School:</b>	John Simatovich Elementary		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FLATBREAD W/GRAIN 4"	2 Each	THAW 1. Keep product frozen at 0°F or below until ready to use. 2. Defrost and store thawed flatbread at room temperature. 1. Each "sheet" has four 1 oz., 4" Whole Grain Sliders. 2. Simply snap at the seams to break apart.	959048
CHEESE MOZZ SHRD	1/2 Cup	N/A	645170
SAUCE MARINARA DIPN CUP	1 Each	N/A	677721

## Preparation Instructions

Package all items together.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.500
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	370.00
<b>Fat</b>	16.50g
<b>Saturated Fat</b>	7.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	30.00mg
<b>Sodium</b>	830.00mg
<b>Carbohydrates</b>	34.00g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	8.00g
<b>Added Sugar</b>	2.00g
<b>Protein</b>	20.00g
<b>Vitamin A</b> 0.10mcg RAE	<b>Vitamin C</b> 0.03mg
<b>Calcium</b> 449.00mg	<b>Iron</b> 1.40mg

## Nutrition - Per 100g

<b>Calories</b>	652.56
<b>Fat</b>	29.10g
<b>Saturated Fat</b>	13.23g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	52.91mg
<b>Sodium</b>	1463.84mg
<b>Carbohydrates</b>	59.96g
<b>Fiber</b>	3.53g
<b>Total Sugar</b>	14.11g
<b>Added Sugar</b>	3.53g
<b>Protein</b>	35.27g
<b>Vitamin A</b> 0.18mcg RAE	<b>Vitamin C</b> 0.05mg
<b>Calcium</b> 791.89mg	<b>Iron</b> 2.47mg