

Boom Boom Chicken

Servings:	160.00	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-24386
School:	Concord High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PCORN LRG WGRAIN CKD	45 Pound	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	536620
SAUCE BOOM BOOM	1 Gallon		877930

Preparation Instructions

Place one bag of frozen chicken at a time in a metal bowl. Add 1 & 3/4 cup boom boom sauce, toss until chicken is coated. Place chicken on a sheet tray that has been sprayed with pan spray. When all Chicken is coated and on Sheet trays, bake in a convection oven at 350 degrees for 15 to 20 minutes. (Oven Settings breaded product)

Before meal service place 10 Chicken smackers in food boats. Place in warmer till needed.

Meal Components

Amount Per Serving

Component	Amount
Meat/Meat Alternate	2.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 160.00

Serving Size: 10.00 Each

Amount Per Serving	
Calories	402.39
Fat	26.39g
Saturated Fat	5.14g
Trans Fat	0.00g
Cholesterol	85.23mg
Sodium	702.04mg
Carbohydrates	21.48g
Fiber	3.14g
Total Sugar	1.60g
Added Sugar	1.60g
Protein	19.88g
Vitamin A	209.26mcg RAE
Vitamin C	0.00mg
Calcium	20.93mg
Iron	1.51mg

Nutrition - Per 100g

Calories	315.43
Fat	20.69g
Saturated Fat	4.03g
Trans Fat	0.00g
Cholesterol	66.81mg
Sodium	550.32mg
Carbohydrates	16.84g
Fiber	2.46g
Total Sugar	1.25g
Added Sugar	1.25g
Protein	15.58g
Vitamin A 164.04mcg RAE	Vitamin C 0.00mg
Calcium 16.40mg	Iron 1.18mg