

Grab&Go- Crispy Chicken Ranch Salad



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49187
School:	Walton-Verona Middle School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN	2 Cup	Hold at 41F.	600504
CHIX BRST TNDR BRD WGRAIN 4.5Z	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
CHIP CORN	1 Ounce	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Store remaining product in airtight container to keep fresh UNSPECIFIED	210170
DRESSING RNCH BTRMLK PKT	1 Each		266523
GRAPE TOMATO 6-32Z OUR FAMILY	4 Each		284077
CHEESE CHED MLD SHRD 4-5 LOL	1 Ounce	READY_TO_EAT Preshredded. Use cold or melted	150250

Preparation Instructions

Assemble lettuce in clamshell # 771981.

Sprinkle lettuce with cheese.

Top with popcorn chicken.

*You must use the cook chill method for the chicken. Cook chicken in the morning at 375 for 6-8 min. or until internal temperature reaches 165F. Cool down below 71F within 2 hours, cool to under 41F within another hour.

Hold for service at 41F.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.250
Fruit	0.000
DarkGreen	1.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	652.80**
Fat	67.32g**
Saturated Fat	8.88g**
Trans Fat	0.00g**
Cholesterol	89.40mg**
Sodium	1071.20mg**
Carbohydrates	38.48g**
Fiber	5.00g**
Total Sugar	4.00g**
Added Sugar	1.00g**
Protein	29.88g**
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 149.52mg**	Iron 2.00mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	1151.32**
Fat	118.73g**
Saturated Fat	15.66g**
Trans Fat	0.00g**
Cholesterol	157.67mg**
Sodium	1889.24mg**
Carbohydrates	67.87g**
Fiber	8.82g**
Total Sugar	7.05g**
Added Sugar	1.76g**
Protein	52.70g**
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 263.70mg**	Iron 3.53mg**

**One or more nutritional components are missing from at least one item on this recipe.