

Tator Tots

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	9.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44494

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tator Tots	9 Each		141510

Preparation Instructions

1 bag yields 27 portions

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 9.00 Each

Amount Per Serving	
Calories	130.00
Fat	7.00g
Saturated Fat	1.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	360.00mg
Carbohydrates	16.00g
Fiber	1.00g
Total Sugar	1.00g
Added Sugar	0.00g
Protein	1.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg**
Calcium 10.00mg	Iron 0.20mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available