

Deli Turkey Lunchable PK

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-45188
School:	Walton-Verona Early Childhood Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER GLDFSH CHED WGRAIN	1 Package		736280
TURKEY BRST DELI SHVD FRSH	1 Slice		779170
CHEESE AMER YEL 120CT SLCD	1 Slice		164216

Preparation Instructions

Place items on serving tray with sides

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.125
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	200.00
Fat	9.00g
Saturated Fat	4.00g
Trans Fat	0.00g
Cholesterol	27.50mg
Sodium	640.00mg
Carbohydrates	16.00g
Fiber	0.00g
Total Sugar	1.50g
Added Sugar	0.50g
Protein	9.50g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 132.00mg	Iron 0.95mg

Nutrition - Per 100g

Calories	705.47
Fat	31.75g
Saturated Fat	14.11g
Trans Fat	0.00g
Cholesterol	97.00mg
Sodium	2257.50mg
Carbohydrates	56.44g
Fiber	0.00g
Total Sugar	5.29g
Added Sugar	1.76g
Protein	33.51g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 465.61mg	Iron 3.35mg