

Build It- Fajita Chicken



Servings:	1.00	Category:	Entree
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57242

Ingredients

Description	Measurement	Prep Instructions	DistPart #
USDA Diced Chicken with seasoning	2 Ounce	To cook USDA diced chicken safely, ensure it reaches a minimum internal temperature of 165°F (74°C). This item is fully cooked diced chicken meat. This product is diced into approximately 1/2-inch cubes and is a natural proportion product that contains a minimum of 50% white meat.	R-54789

Preparation Instructions

Heat fajita chicken according to manufacturer directions. CCP: Heat to 160°F or higher for 15 seconds.
CCP: Hold at hot holding for 140°F or higher

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving	
Calories	72.00
Fat	2.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	42.00mg
Sodium	56.00mg
Carbohydrates	0.00g
Fiber	0.00g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	12.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.00mg

Nutrition - Per 100g

Calories	63.49
Fat	1.76g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	37.04mg
Sodium	49.38mg
Carbohydrates	0.00g
Fiber	0.00g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	10.58g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.00mg