

WG Chocolate Muffin with String Cheese

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-45311
School:	Walton-Verona Early Childhood Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN CHOC/CHOC CHP WGRAIN IW	1 Each		557991
Mozzarella String Cheese Portions	1 Ounce		122212

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	274.00
Fat	12.00g
Saturated Fat	5.75g
Trans Fat	0.00g
Cholesterol	53.14mg
Sodium	328.00mg
Carbohydrates	34.40g
Fiber	2.00g
Total Sugar	17.87g
Added Sugar	17.00g
Protein	9.31g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg
Calcium 238.00mg	Iron 1.56mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	966.49
Fat	42.33g
Saturated Fat	20.28g
Trans Fat	0.00g
Cholesterol	187.44mg
Sodium	1156.97mg
Carbohydrates	121.34g
Fiber	7.05g
Total Sugar	63.03g
Added Sugar	59.96g
Protein	32.84g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg
Calcium 839.51mg	Iron 5.50mg

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