

Turkey Deli Sandwich

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44186

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD	1 Slice	READY_TO_EAT Pre-sliced Use Cold or Melted	150260
TURKEY BRST SLCD OVN RSTD	2 1/2 Ounce		689541
5" WG Split Top Hoagie Bun x	1 66g	READY_TO_EAT Thaw at Ambient Temperature. Ready to Eat or toast to desired flavor and texture.	3737
PICKLE KOSH DILL SPEAR	1 Ounce		149414

Preparation Instructions

Prepare Sandwich and Put in a bag for service.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.224
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.250
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	283.97
Fat	6.86g
Saturated Fat	2.93g
Trans Fat	0.00g
Cholesterol	46.98mg
Sodium	1132.93mg
Carbohydrates	29.00g
Fiber	0.00g
Total Sugar	4.50g
Added Sugar	0.00g
Protein	24.52g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 101.50mg	Iron 0.08mg

Nutrition - Per 100g

Calories	286.20
Fat	6.92g
Saturated Fat	2.95g
Trans Fat	0.00g
Cholesterol	47.35mg
Sodium	1141.84mg
Carbohydrates	29.23g
Fiber	0.00g
Total Sugar	4.54g
Added Sugar	0.00g
Protein	24.71g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 102.30mg	Iron 0.08mg