

Dunkin Stik



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44511
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT DUNKIN STIX WGRAIN IW	1 Package		300170

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	90.63
Fat	3.13g
Saturated Fat	1.25g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	90.63mg
Carbohydrates	15.00g
Fiber	0.94g
Total Sugar	7.19g
Added Sugar	6.88g
Protein	1.56g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 9.69mg	Iron 0.63mg

Nutrition - Per 100g

No 100g Conversion Available