

Wrap Chicken Cheese Ranch

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45206
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Diced Chicken	2 Ounce	BAKE Appliances vary, adjust accordingly. Conventional Oven 12-14 minutes at 350°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 9-11 minutes at 350°F from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave Microwave on full power for 2 minutes from frozen.	
Shredded Cheddar Cheese	1 Ounce		100003
DRESSING RNCH BTRMLK	1 Tablespoon	READY_TO_EAT This ready-to-use dressing simplifies back-of-house prep. Easily customize this dressing by adding extra dill to enhance the dressing's tangy flavor. Create flavorful, leafy salads or a custom dipping sauce to your signature buffalo hot wings.	426598
TORTILLA FLOUR 8IN	1 Each		713330

Preparation Instructions

Heat Chicken to 165F

Lay out wraps- add chicken, Cheese and ranch dressing out of squeeze bottle

Wrap in foil for hot service of 135F or above

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	377.00
Fat	22.00g
Saturated Fat	8.75g
Trans Fat	0.00g
Cholesterol	74.50mg
Sodium	596.00mg
Carbohydrates	21.50g
Fiber	1.00g
Total Sugar	1.50g
Added Sugar	1.00g
Protein	21.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 32.00mg	Iron 1.00mg

Nutrition - Per 100g

Calories	443.27
Fat	25.87g
Saturated Fat	10.29g
Trans Fat	0.00g
Cholesterol	87.60mg
Sodium	700.76mg
Carbohydrates	25.28g
Fiber	1.18g
Total Sugar	1.76g
Added Sugar	1.18g
Protein	24.69g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 37.62mg	Iron 1.18mg